***CACFP Breakfast***

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\*\*Please note that all items are subject to change\*\*

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable, Fruit, or Both**

1-2 yo: ¼ C

3-5 yo: ½ C

6-12 yo: ½ C

Milk

1-2 yo: ½ C Whole Milk

3-5 yo: ¾ C Low Fat/Non-Fat

6-12 yo: 1 C Low Fat/Non-Fat

**Rice Chex Cereal**

**Milk**

**WG Mini Pancakes**

**Mandarin Oranges**

**Milk**

**WG Frosted Mini Wheats Cereal**

**Milk**

**WG Mini Waffles**

**Banana**

**Milk**

**WG Apple Cinnamon Muffin**

**Yogurt**

**Milk**

**WG Frosted Mini Wheats**

**Applesauce**

**Milk**

**WG Banana Muffin**

**Yogurt**

**Milk**

**Rice Chex Cereal**

**Mixed Fruit Cup**

**Milk**

**Cinnamon Cream Cheese**

**Mini Bagels**

**Banana**

**WG Mini Pancakes**

**Diced Pear Cup**

**Milk**

**WG Kix Cereal**

**Diced Peach Cup**

**Milk**

**WG Mini French Toast**

**Diced Pear Cup**

**Milk**

**Strawberry Wheat Cereal**

**Yogurt**

**Milk**

**WG Blueberry Muffin**

**Banana**

**Milk**

**WG Mini Waffles**

**Pineapple Cup**

**Milk**

**WG Cheerios**

**Applesauce**

**Milk**

**WG Strawberry Cream**

**Cheese Bagel**

**Diced Peach Cup**

**Milk**

**Rice Krispies**

**Applesauce**

**Milk**

**WG Mini Pancakes**

**Banana**

**Milk**

**WG Blueberry Muffin**

**Yogurt**

**Milk**

*This Institution is An Equal Opportunity Provider*

**Frosted Mini Wheats**

**Mandarin Oranges**

**Milk**

**Cinnamon Cream Cheese**

**Mini Bagels**

**Diced Peach Cup**

**Milk**

**Corn Chex Cereal**

**Applesauce**

**Milk**

**WG Banana Muffin**

**Banana**

**Milk**

**WG Mini French Toast**

**Pineapple Cup**

**Milk**