***CDC School Lunch***

*News*

\*\*Please note that items may be substituted due to availability\*\*

***Mea*t/Alternate**

1-2 yo: 1 oz.

3-5 yo: 1 ½ oz.

6-12 yo: 2 oz.

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: ½ C

**Fruit**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: 1/2 C

Milk

1-2 yo: ½ C Whole Milk

3-5 yo: ¾ C Low Fat/Non-Fat

6-12 yo: 1 C Low Fat/Non-Fat

**WG Ind. Pizza**

**Steamed Broccoli**

**Applesauce**

**Milk**

**Stuffed Shells/ Marinara**

**Steamed Corn**

**Dinner Roll**

**Diced Pear**

**Milk**

**WG Chicken Tenders**

**Cheesy Potatoes**

**Fruit Cup**

**Milk**

**WG Pizza**

**Steamed Carrots**

**Banana**

**Milk**

**Chicken Alfredo**

**Mixed Vegetables**

**Applesauce**

**Milk**

**WG Mini Cheese Calzone**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

**Salisbury Steak**

**WG Bun**

**Steamed Peas**

**Diced Pear**

**Milk**

**WG Taco Bites**

**Steamed Corn**

**Applesauce**

**Milk**

**WG Pizza**

**Steamed Carrots**

**Banana**

**Milk**

**Turkey Sandwich**

**Cheesie Potatoes**

 **Fruit Cup**

**Milk**

**Cheese Burger Mac**

**Smile Shaped Potatoes**

**Diced Peaches**

**Milk**

**BBQ Beef Rib**

**WG Bun**

**Mixed Vegetable**

**Diced Pear**

**Milk**

**Chicken/Gravy**

**Mashed Potatoes**

**Corn Bread**

**Applesauce**

**Milk**

**WG Pizza**

**Green Beans**

**Banana**

**Milk**

**Sloppy Joes**

**WG Bun**

**Steamed Carrots**

**Diced Peach**

**Milk**

**Taco Stick**

**Steamed Corn**

**Mixed Fruit Cup**

**Milk**

***This Institution Is an Equal Opportunity Provider***

**Frito Boat/Chicken**

**Black Beans**

**Cheese**

**Salsa**

**Diced Pear**

**Milk**

**Pepperoni Calzone**

**California Blend**

**Diced Peaches**

**Milk**

**WG Pizza**

**Green Beans**

 **Banana**

**Milk**

**CLOSED**

**Hamburger**

**WG Bun**

**Wedge Fries**

**Banana**

**Milk**