***CDC AM & PM Snack***

*News*

\*\*Please note that all items are subject to change\*\*

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable, Fruit, or Both**

1-2 yo: ¼ C

3-5 yo: ½ C

6-12 yo: ½ C

Milk

1-2 yo: ½ C Whole Milk

3-5 yo: ¾ C Low Fat/Non-Fat

6-12 yo: 1 C Low Fat/Non-Fat

**WG Mini French Toast**

**Pineapple Cup**

**Afternoon Snack**

 **WG Strawberry Chex Mix**

**Yogurt**

**WG Kix Cereal**

**Milk**

**Afternoon Snack**

**WG Goldfish**

**Apple Juice Box**

 **WG Apple Cinn Muffin**

**Pear**

**Diced Pear Cup**

 **Afternoon Snack**

**Cheese Cubes**

**Apple**

**Applesauce**

**Strawberry Wheat Cereal**

**Milk**

**Afternoon Snack**

**Cottage Cheese**

**Mixed Fruit Cup**

**WG Blueberry Muffin**

**Banana**

**Afternoon Snack**

 **WG Chex Mix**

**Diced Peaches**

**WG Mini Waffles**

**Pineapple Cup**

**Afternoon Snack**

 **WG Educational Snacks**

**Yogurt**

**WG Cheerios**

**Milk**

**Afternoon Snack**

**WG Blueberry Vania Mini Bites**

**Cottage Cheese**

**WG Strawberry Cream**

 **Cheese Bagel**

**Diced Peach Cup**

**Afternoon Snack**

**WG Chex Mix**

**Pear**

**Diced Pears**

**Rice Krispies**

**Milk**

**Afternoon Snack**

**WG Cinn. Goldfish Grahams**

**Orange Tang Juice Box**

**WG Mini Pancakes**

**Banana**

 **Afternoon Snack**

**WG Strawberry Chex Mix**

**Mixed Fruit Cup**

**WG Blueberry Muffin**

**Yogurt**

**Afternoon Snack**

**WG Animal Crackers**

**Apple**

**Applesauce**

**Frosted Mini Wheats**

**Milk**

**Afternoon Snack**

**WG Baked Cheetos**

**Juice Box**

**WG Cinnamon Cream Cheese**

**Mini Bagels**

**Diced Peach Cup**

**Afternoon Snack**

**WG Gold Fish**

**Cheese Cubes**

 **Corn Chex Cereal**

**Milk**

**Afternoon Snack**

**WG Banana Muffin**

**Apple**

**Applesauce**

**WG Strawberry Cream**

 **Cheese Bagel**

**Banana**

 **Afternoon Snack**

**WG Cinnamon Gold Fish**

**Pear**

**Diced Pear Cup**

**WG Mini French Toast**

**Pineapple Cup**

**Afternoon Snack**

 **WG Strawberry Chex Mix**

**Yogurt**

*This Institution is An Equal Opportunity Provider*

 **Rice Chex Cereal**

**Milk**

**Afternoon Snack**

**Cottage Cheese**

**Mixed Fruit Cup**

**WG Mini Pancakes**

**Mandarin Oranges**

**Afternoon Snack**

**WG Cheddar Snack Mix**

**Apple**

**Applesauce**

**WG Frosted Mini Wheats Cereal**

**Milk**

**Afternoon Snack**

**Cheese Cubes**

**Pear**

**Diced Pears**

**WG Mini Waffles**

**Banana**

**Afternoon Snack**

**WG Tiger Bites**

**Diced Peaches**

**WG Apple Cinnamon Muffin**

**Yogurt**

**Afternoon Snack**

**WG Baked Cheetos**

**Fruit Juice Box**