***CACFP Breakfast***

*News*

\*\*Please note that all items are subject to change\*\*

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable, Fruit, or Both**

1-2 yo: ¼ C

3-5 yo: ½ C

6-12 yo: ½ C

Milk

1-2 yo: ½ C Whole Milk

3-5 yo: ¾ C Low Fat/Non-Fat

6-12 yo: 1 C Low Fat/Non-Fat

**WG Mini Cinnamon Rolls**

**Diced Peach Cup**

**Milk**

**Strawberry Wheat Cereal**

**Diced Pears**

**Milk**

**WG Banana Muffin**

**Banana**

**Milk**

**WG Mini French Toast**

**Mixed Fruit Cup**

**Milk**

**Frosted Mini Wheats**

**Diced Pear Cup**

**Milk**

**WG Mini Waffles**

**Pineapple Cup**

**Milk**

**WG Cereal**

**Applesauce**

**Milk**

**Fruit Loop Waffle**

**Banana**

**Milk**

**WG Cinnamon Bagel**

**Diced Pear Cup**

**Milk**

**WG Cereal**

**Diced Peach Cup**

**Milk**

**WG Mini French Toast**

**Mixed Fruit Cup**

**Milk**

**WG Honey Cheerios**

**Applesauce**

**Milk**

**WG Mini Pancakes**

**Banana**

**Milk**

**WG Blueberry Muffin**

**Pineapple Cup**

**Milk**

**Cinnamon Toast Crunch**

**Diced Pear Cup**

**Milk**

**WG Cinnamon Bagel**

**Diced Pear Cup**

**Milk**

**WG Corn Chex**

**Mixed Fruit Cup**

**Milk**

**WG Mini Pancakes**

**Banana**

**Milk**

**WG Blueberry Muffin**

**Applesauce**

**Milk**

***This Institution Is An Equal Opportunity Provider***

**WG Kix Cereal**

**Diced Peach Cup**

**Milk**

**WG Strawberry Bagel**

**Mixed Fruit Cup**

**Milk**

**WG Cereal**

**Applesauce**

**Milk**

**WG Blueberry Muffin**

**Banana**

**Milk**

**WG Mini Waffles**

**Pineapple Cup**

**Milk**