***CACFP School Lunch***

*News*

\*\*Please note that items may be substituted due to availability\*\*

***Mea*t/Alternate**

1-2 yo: 1 oz.

3-5 yo: 1 ½ oz.

6-12 yo: 2 oz.

**Grain/Bread**

1-2 yo: ½ oz. equivalent

3-5 yo: ½ oz. equivalent

6-12 yo: 1 oz. equivalent

**Vegetable**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: ½ C

**Fruit**

1-2 yo: 1/8 C

3-5 yo: ¼ C

6-12 yo: 1/2 C

Milk

1-2 yo: ½ C Whole Milk

3-5 yo: ¾ C Low Fat/Non-Fat

6-12 yo: 1 C Low Fat/Non-Fat

**Chicken/Gravy**

**Mashed Potatoes**

**Corn Bread**

**Applesauce**

**Milk**

**WG Ind. Pizza**

**Green Beans**

**Mandarin Oranges**

**Milk**

**Stuffed Shells**

**Mixed Vegetable**

 **Applesauce**

**Milk**

**Sloppy Joes**

**WG Bun**

**Steamed Carrots**

 **Diced Peach**

**Milk**

**WG Beef Taco Stick**

**Green Beans**

 **Banana**

**Milk**

**WG Chicken Tenders**

**Cheesie Potatoes**

**Diced Peach Cup**

**Milk**

**WG Ind. Pizza**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

**Taco Bites**

**Mixed Vegetables**

**Applesauce**

**Milk**

 **Cheeseburger**

**WG Bun**

**Green Beans**

**Diced Pear Cup**

**Milk**

**Mac & Cheese**

**Steamed Carrots**

**Banana**

**Milk**

**BBQ Rib Sandwich**

**Cheesie Potatoes**

**Diced Peach Cup**

**Milk**

**WG Ind. Pizza**

**Steamed Cauliflower**

**Mandarin Oranges**

**Milk**

**Chicken Tenders**

**Mixed Vegetable**

 **Applesauce**

**Milk**

**Pepperoni Calzone**

**Steamed Corn**

**Diced Pear Cup**

**Milk**

**Italian Pull Apart**

**Steamed Carrots**

**Banana**

**Milk**

**Grilled Chicken**

**WG Bun**

**Green Beans**

**Diced Peach Cup**

**Milk**

**WG Ind. Pizza**

**Steamed Broccoli**

**Mandarin Oranges**

**Milk**

***This Institution Is an Equal Opportunity Provider***

**Rodeo Burger/BBQ**

**WG Bun**

**Mixed Vegetable**

**Applesauce**

**Milk**

**Meatloaf Sandwich**

**Steamed Carrots**

**Cauliflower**

**Fruit Cup**

**Milk**

**Chicken Parm Sandwich**

**Cheese Slice**

**WG Buns**

**Steamed peas**

**Banana**

**Milk**

**Cheeseburger Mac**

**Mixed Vegetables**

**WG Roll**

**Applesauce**

**Milk**

**WG Ind. Pizza**

**Green Beans**

**Mandarin Oranges**

**Milk**